

Meharry Medical College
Office of Information Technology

Technology Guidelines for Students

Welcome to Meharry Medical College! To ensure your success throughout your medical education, your technology must meet the standards for academic and clinical software compatibility, security, and reliability.

This guideline provides recommended specifications and essential technology information for incoming and current students.

1. Computer Requirements

All students are required to have a personal laptop that meets or exceeds the following specifications:

Component	Minimum Specification	Recommended Specification
Processor (CPU)	Intel i3 or Apple M1	Intel i5 or higher or Apple M2 or higher
RAM	8 GB	16 GB or higher
Storage	256 GB SSD	512 GB SSD or higher
Operating System	Windows 11 or macOS 13 (Ventura) or newer	Latest available version
Display	13" or larger, 1080p resolution	14"–16", Full HD or Retina
Battery Life	Minimum 3 hours	8+ hours
Webcam	Integrated HD Webcam	1080p HD Webcam
Wi-Fi	Wi-Fi 5 (802.11ac)	Wi-Fi 6 or higher
Ports	None	Thunderbolt/USB-C with docking support

****Note: Chromebooks, tablets (iPads), and Linux-based systems are not supported for exam software or specific clinical systems.***

2. Required Software and Services

You will be provided access to the following Meharry-supported platforms:

- Office 365 (free with student email)
- Exemplify (ExamSoft) for testing
- Respondus LockDown Browser (for secure testing)

3. IT Support and Help Desk

The Office of Information Technology is available to assist with:

- Wi-Fi connectivity
- Meharry login credentials
- Email setup

Contact:

Email: helpdesk@mmc.edu

Phone: 615-327-6267

Location: Computer Center, Ground Floor

Website: [Home Page](#)

Walk-In Hours:

- Mon/Wed/Fri: 8:00 AM – 12:00 PM
- Tue/Thu: 1:00 PM – 5:00 PM

4. Security Guidelines

- Install antivirus software (Microsoft Defender or equivalent)
- Regularly update your operating system
- Use multi-factor authentication (MFA)

5. Exam Software Compatibility

Examplify requires specific settings and hardware to run correctly. Before each testing period, ensure that:

- Your system is fully updated
- Examplify is installed and verified

Important: You may be denied entry to an exam session if your laptop does not meet the minimum requirements or functions incorrectly.